



SIRKIT MEMANAH TRADISIONAL SEKOLAH - SEKOLAH NEGERI SEMBILAN 2026

PERSATUAN MEMANAH WARISAN NEGERI SEMBILAN (SIMTRAS1)

TVETMARA Rembau , 29-08-2026

29 Aug 2026, Saturday

08:30-09:00

Latihan Rasmi Pusingan Kelayak

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
15M-1				20M-1								25M-1								30M-1		
Warm Up				Warm Up								Warm Up								Warm Up		
NFAA (1 - 5 +X=5) 80 cm 6 Arc/Tat																						

09:00-10:30

Qualification Rounds
PUSINGAN KELAYAKAN

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
15M-1				20M-1								25M-1								30M-1		
Qualification Rounds				Qualification Rounds								Qualification Rounds								Qualification Round		
NFAA (1 - 5 +X=5) 80 cm 6 Arc/Tat																						

10:45-12:15

Qualification Rounds
PUSINGAN KELAYAKAN

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
15M-2				20M-2								25M-2								30M-2			
Qualification Rounds				Qualification Rounds								Qualification Rounds								Qualification Round			
NFAA (1 - 5 +X=5) 80 cm 6 Arc/Tat																							

14:00-14:20

Latihan Rasmi ER 1/4 Lelaki

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
15																				30			
TCLU9 Warm Up				TCLU11 Warm Up								TRLU14 Warm Up								TRLU16 Warm Up			
NFAA (1 - 5 +X=5) 80 cm																							

14:20-14:50

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
15				20								25								30			
TCLU9				TCLU11								TRLU14								TRLU16			
1/4				1/4								1/4								1/4			
NFAA (1 - 5 +X=5) 80 cm																							

15:00-15:20

Latihan Rasmi ER 1/4 Perempuan

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
15				20								25								30			
TCPU9				TCPU11								TRPU14								TRPU16			
Warm Up				Warm Up								Warm Up								Warm Up			
NFAA (1 - 5 +X=5) 80 cm																							

15:20-15:50

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
15				20								25								30	30	30	
TCPU9				TCPU11								TRPU14								TRPU16	TRPU16	TRPU16	
1/4				1/4								1/4								-Bye-	1/4	-Bye-	
NFAA (1 - 5 +X=5) 80 cm																							

16:00-16:30

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
15		15				20		20						25		25				30		30	
TCLU9		TCPU9				TCLU11		TCPU11						TRLU14		TRPU14				TRLU16		TRPU16	
1/2		1/2				1/2		1/2						1/2		1/2				1/2		1/2	
																							
NFAA (1 - 5 +X=5) 80 cm																							

16:40-17:10

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
15								20						25		25			30		30	
TCLU9		TCPU9						TCLU11						TRLU14		TRPU14			TRLU16		TRPU16	
Bronze		Bronze						Bronze						Bronze		Bronze			Bronze		Bronze	
■	■	■	■					■	■	■	■			■	■	■	■		■	■	■	■
NFAA (1 - 5 +X=5) 80 cm																						

17:15-17:45

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23					
15				15				20				20				25				25				30		30	
TCLU9				TCPU9				TCLU11				TCPU11				TRLU14				TRPU14				TRLU16		TRPU16	
Gold				Gold				Gold				Gold				Gold				Gold				Gold		Gold	
NFAA (1 - 5 +X=5) 80 cm																											