



SCHEDULE

14 Jul 2025, Monday

WA 1440 Round

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09:00-09:45	00:45	45 mins of practice (ABCD Format)
09:45-11:45	02:00	Distance 1
11:45-13:45	02:00	Distance 2
13:45-16:15	02:30	50 m
16:15-18:45	02:30	30 m