



Kejohanan Para Memanah Kebangsaan Siri 1/2025

NAAM & MSNM (PARA0225)

Bukit Jalil, Kuala Lumpur, From 30-04-2025 to 04-05-2025



1 May 2025, Thursday

08:30-10:30

Latihan Kategori Compound Divi

1	2	3	4	5	6	7	8	9	10
50M									30M
Compound Division									Recurve Category 2
Reduced (5 - 10 +X) 80 cm									Complete (1 - 10 +X) 80cm

10:45-12:45

Latihan Kategori Recurve Categ

1	2	3	4	5	6	7	8	9	10
70M									
Recurve Category 1									
Complete(1 - 10 +X) 122cm									

14:00-14:30

3 ends of practice immediately

1	2	3	4	5	6	7	8	9	10
50m-1									30m-1
Warm Up									Warm Up
Reduced (5 - 10 +X) 80 cm									Complete (1 - 10 +X) 80 cm

14:30-15:30

Qualification Rounds

Compound Division

Recurve Division Category 2

1	2	3	4	5	6	7	8	9	10
50m-1									30m-1
Qualification Rounds									Qualification Rounds
Reduced (5 - 10 +X) 80 cm									Complete (1 - 10 +X) 80 cm

15:45-16:45

Qualification Rounds

Compound Division

Recurve Division Category 2

1	2	3	4	5	6	7	8	9	10
50m-2									30m-2
Qualification Rounds									Qualification Rounds
Reduced (5 - 10 +X) 80 cm									Complete (1 - 10 +X) 80 cm



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Bukit Jalil, Kuala Lumpur, From 30-04-2025 to 04-05-2025



2 May 2025, Friday

09:00-09:30

3 ends of practice immediately

1	2	3	4	5	6	7	8	9	10
70m-1								30m-3	
Warm Up								Warm Up	
Complete (1 - 10 +X) 122 cm								Complete (1 - 10 +X) 80 cm	

09:30-10:30

Qualification Rounds

Recurve Division Category 1

Recurve Division Category 2

1	2	3	4	5	6	7	8	9	10
70m-1								30m-3	
Qualification Rounds								Qualification Rounds	
Complete (1 - 10 +X) 122 cm								Complete (1 - 10 +X) 80 cm	

10:45-11:45

Qualification Rounds

Recurve Division Category 1

Recurve Division Category 2

1	2	3	4	5	6	7	8	9	10
70m-2								30m-4	
Qualification Rounds								Qualification Rounds	
Complete (1 - 10 +X) 122 cm								Complete (1 - 10 +X) 80 cm	

15:00-15:20

1/2: RMOT, CMOT Warm Up

1	2	3	4	5	6	7	8	9	10
		70		70		50		50	
		RMOT		RMOT		CMOT		CMOT	
		Warm Up		Warm Up		Warm Up		Warm Up	
		Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm					

15:20-15:50

Team Matches

4 ends of 4 arrows

1	2	3	4	5	6	7	8	9	10
		70		70		50		50	
		RMOT		RMOT		CMOT		CMOT	
		1/2		1/2		1/2		1/2	
		Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm					

15:50-16:20

Team Matches

4 ends of 4 arrows

1	2	3	4	5	6	7	8	9	10
				70		50			
				RMOT		CMOT			
				Gold		Gold			
				Complete (1 - 10 +X) 122 cm		Reduced (5 - 10 +X) 80 cm			

16:30-16:50

Gold: Recurve Open Mixed Team

1	2	3	4	5	6	7	8	9	10
		70							
		ROX							
		Warm Up							
		Complete (1 - 10 +X) 122 cm							

16:50-17:20

Team Matches

4 ends of 4 arrows

1	2	3	4	5	6	7	8	9	10
		70							
		ROX							
		Gold							
		Complete (1 - 10 +X) 122 cm							



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NAAM & MSNM (PARA0225)

Bukit Jalil, Kuala Lumpur, From 30-04-2025 to 04-05-2025



3 May 2025, Saturday

09:00-09:30

3 ends of practice immediately

1	2	3	4	5	6	7	8
70							
RMO1							
Warm Up							
Complete (1 - 10 +X) 122 cm							

09:30-10:00

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
70							
RMO1							
1/8							
Complete (1 - 10 +X) 122 cm							

10:00-10:30

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
70							
RMO1							
1/4							
Complete (1 - 10 +X) 122 cm							

10:30-11:00

1/2: RMO1, RWO1 Warm Up

1	2	3	4	5	6	7	8
70				70		70	
RMO1				RWO1		RWO1	
Warm Up				Warm Up		Warm Up	
Complete (1 - 10 +X) 122 cm							

11:00-11:30

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
70				70		70	
RMO1				RWO1		RWO1	
1/2				1/2		1/2	
							
Complete (1 - 10 +X)					122 cm		

11:30-12:00

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
70		70		70			
RMO1		RMO1		RWO1			
Bronze		Gold		Gold			
							
Complete (1 - 10 +X)				122 cm			

14:30-15:00

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
50							
CMO1							
1/4							
Reduced (5 - 10 +X) 80 cm							

15:00-15:30

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
50							
CMO1							
1/2							
Reduced (5 - 10 +X) 80 cm							

15:30-16:00

Individual Matches

5 ends of 3 arrows

1	2	3	4	5	6	7	8
50		50					
CMO1		CMO1					
Gold		Bronze					
Reduced (5 - 10 +X) 80 cm							