



Kejohanan Para Memanah Kebangsaan 2022 Siri 2

Majlis Sukan Negara Malaysia (PARA0222)
Bukit Jalil, From 29-09-2022 to 04-10-2022



1 Oct 2022, Saturday

Vers. 3.3 (1 Oct 2022 02:13 UTC)

09:00-09:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70m-1										50m-1							
	Warm Up										Warm Up							
	Outdoor (1-X) 122 cm																	

09:30-11:00 Qualification Rounds Recurve Open & Recurve Open Ca Recurve Open Category 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70m-1										50m-1							
	Qualification Rounds										Qualification Rounds							
	Outdoor (1-X) 122 cm																	

11:15-12:45 Qualification Rounds Recurve Open & Recurve Open Ca Recurve Open Category 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70m-2										50m-2							
	Qualification Rounds										Qualification Rounds							
	Outdoor (1-X) 122 cm																	

14:30-14:50 1/16: RMO Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70																	
	RMO Warm Up																	
	Outdoor (1-X) 122 cm																	

14:50-15:20 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70																	
	RMO 1/16																	
	Outdoor (1-X) 122 cm																	

15:20-15:50 Individual Matches 5 ends of 3 arrows 1/4: RWO Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70								70									
	RMO 1/8								RWO Warm Up									
	Outdoor (1-X) 122 cm																	

15:50-16:20 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70								70									
	RMO 1/4								RWO 1/4									
	Outdoor (1-X) 122 cm																	

16:20-16:50 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70				70													
	RMO 1/2				RWO 1/2													
	Outdoor (1-X) 122 cm																	

16:50-17:20 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	70		70		70		70											
	RMO Gold		RMO Bronze		RWO Gold		RWO Bronze											
	Outdoor (1-X) 122 cm																	



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Bukit Jalil, From 29-09-2022 to 04-10-2022



2 Oct 2022, Sunday

Vers. 3.3 (1 Oct 2022 02:13 UTC)

09:00-09:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-1												50m-3						50m-1					
	Warm Up												Warm Up						Warm Up					
Outdoor (5-X)												80 cm						Outdoor (1-X) 122 cm						

09:30-11:00 Qualification Rounds Compound Open & Recurve Open C Recurve Open Category 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-1												50m-3						50m-1					
	Qualification Rounds												Qualification Rounds						Qualification Rounds					
Outdoor (5-X)												80 cm						Outdoor (1-X) 122 cm						

11:15-12:45 Qualification Rounds Compound Open & Recurve Open C Recurve Open Category 2	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50m-2												50m-4						50m-2					
	Qualification Rounds												Qualification Rounds						Qualification Rounds					
Outdoor (5-X)												80 cm						Outdoor (1-X) 122 cm						

14:30-14:50 1/16: CMO Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50																							
	CMO Warm Up																							
Outdoor (5-X) 80 cm																								

14:50-15:20 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50																							
	CMO 1/16																							
Outdoor (5-X) 80 cm																								

15:20-15:50 Individual Matches 5 ends of 3 arrows 1/4: CWO Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50								50															
	CMO 1/8								CWO Warm Up															
Outdoor (5-X) 80 cm																								

15:50-16:20 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50								50															
	CMO 1/4								CWO 1/4															
Outdoor (5-X) 80 cm																								

16:20-16:50 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50				50																			
	CMO 1/2				CWO 1/2																			
Outdoor (5-X) 80 cm																								

16:50-17:20 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
	50		50		50		50																	
	CMO Gold		CMO Bronze		CWO Gold		CWO Bronze																	
Outdoor (5-X) 80 cm																								



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Majlis Sukan Negara Malaysia (PARA0222)

Bukit Jalil, From 29-09-2022 to 04-10-2022



3 Oct 2022, Monday

Vers. 3.3 (1 Oct 2022 02:13 UTC)

09:00-09:30 1/4: RMOD, CMOD Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13
	70						50						
	RMOD Warm Up						CMOD Warm Up						
	Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm						

09:30-10:00 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13
	70						50						
	RMOD 1/4						CMOD 1/4						
	Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm						

10:00-10:30 Team Matches 4 ends of 4 arrows Gold: Compound Women Open Doub	1	2	3	4	5	6	7	8	9	10	11	12	13
	70						50				50		
	RMOD 1/2						CMOD 1/2				CWOD Warm Up		
	Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm						

10:30-11:00 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13
	70		70				50		50		50		
	RMOD Gold		RMOD Bronze				CMOD Gold		CMOD Bronze		CWOD Gold		
	Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm						

11:20-11:40 1/2: RXO, CXO Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13
	70						50						
	RXO Warm Up						CXO Warm Up						
Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm							

11:40-12:10 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13
	70						50						
	RXO 1/2						CXO 1/2						
Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm							

12:10-12:40 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13
	70		70				50		50				
	RXO Gold		RXO Bronze				CXO Gold		CXO Bronze				
	Outdoor (1-X) 122 cm						Outdoor (5-X) 80 cm						