



18 Aug 2022, Thursday

08:00-08:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70m-1																															
	Warm Up																															
	Outdoor (1-X) 122 cm																															

08:30-10:10 Qualification Rounds Recurve Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70m-1																															
	Qualification Rounds																															
	Outdoor (1-X) 122 cm																															

10:25-12:05 Qualification Rounds Recurve Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70m-2																															
	Qualification Rounds																															
	Outdoor (1-X) 122 cm																															

14:00-14:20 1/32: RM Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																															
	RM Warm Up																															
	Outdoor (1-X) 122 cm																															

14:20-14:50 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																															
	RM 1/32																															
	Outdoor (1-X) 122 cm																															

14:50-15:10 1/32: RW Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																															
	RW Warm Up																															
	Outdoor (1-X) 122 cm																															

15:10-15:40 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																															
	RW 1/32																															
	Outdoor (1-X) 122 cm																															

15:40-16:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																70															
	RM 1/16																RW 1/16															
	Outdoor (1-X) 122 cm																															

16:10-16:40 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70								70																							
	RM 1/8								RW 1/8																							
	Outdoor (1-X) 122 cm																															

16:40-17:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70								70																							
	RM 1/4								RW 1/4																							
	Outdoor (1-X) 122 cm																															



SUKAN INSTITUT PENGAJIAN TINGGI (SUKIPT) 2022 - MEMANAH

Universiti Pendidikan Sultan Idris (IPT0222)
UPSI, Perak, From 16-08-2022 to 21-08-2022

18 Aug 2022, Thursday (Continue)

17:10-17:40

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	
70				70																												
RM 1/2				RW 1/2																												
■ ■ ■ ■				■ ■ ■ ■																												
Outdoor (1-X) 122 cm																																

17:40-18:10

Individual Matches
5 ends of 3 arrows

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
70		70																													
RM Bronze		RW Bronze																													
■ ■		■ ■																													
Outdoor (1-X) 122 cm																															



19 Aug 2022, Friday

08:00-08:30 Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50m-1																															
	Warm Up																															
	Outdoor (5-X) 80 cm																															

08:30-10:10 Qualification Rounds Compound Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50m-1																															
	Qualification Rounds																															
	Outdoor (5-X) 80 cm																															

10:25-12:05 Qualification Rounds Compound Division	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50m-2																															
	Qualification Rounds																															
	Outdoor (5-X) 80 cm																															

14:20-14:50 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50																															
	CM																															
	1/32																															
Outdoor (5-X) 80 cm																																

15:10-15:40 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50																															
	CW																															
	1/32																															
Outdoor (5-X) 80 cm																																

15:40-16:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50								50																							
	CM								CW																							
	1/16								1/16																							
Outdoor (5-X) 80 cm																																

16:10-16:40 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50								50																							
	CM								CW																							
	1/8								1/8																							
Outdoor (5-X) 80 cm																																

16:40-17:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50								50																							
	CM								CW																							
	1/4								1/4																							
Outdoor (5-X) 80 cm																																

17:10-17:40 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50				50																											
	CM				CW																											
	1/2				1/2																											
Outdoor (5-X) 80 cm																																

17:40-18:10 Individual Matches 5 ends of 3 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	50		50																													
	CM		CW																													
	Bronze		Bronze																													
Outdoor (5-X) 80 cm																																



20 Aug 2022, Saturday

08:10-08:30 1/8: RM Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																50															
	RM Warm Up																CM Warm Up															
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

08:30-09:00 Team Matches 4 ends of 6 arrows 1/8: CM Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																50															
	RM 1/8																CM Warm Up															
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

09:00-09:30 Team Matches 4 ends of 6 arrows 1/8: RW Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																50															
	RW Warm Up																CM 1/8															
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

09:30-10:00 Team Matches 4 ends of 6 arrows 1/8: CW Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																50															
	RW 1/8																CW Warm Up															
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

10:00-10:30 Team Matches 4 ends of 6 arrows 1/4: RM, RW Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70								70								50															
	RM Warm Up								RW Warm Up								CW 1/8															
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

10:30-11:00 Team Matches 4 ends of 6 arrows 1/4: CM, CW Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70								70								50								50							
	RM 1/4								RW 1/4								CM Warm Up								CW Warm Up							
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

11:00-11:30 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
																	50								50							
																	CM 1/4								CW 1/4							
																Outdoor (5-X) 80 cm																

11:30-12:00 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70								70								50								50							
	RM 1/2								RW 1/2								CM 1/2								CW 1/2							
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																

12:00-12:30 Team Matches 4 ends of 6 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70				70				50								50															
	RM Bronze				RW Bronze				CM Bronze								CW Bronze															
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																



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Universiti Pendidikan Sultan Idris (IPT0222)
 UPSI, Perak, From 16-08-2022 to 21-08-2022

20 Aug 2022, Saturday (Continue)

14:00-14:20 1/8: RX Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																															
	RX																															
	Warm Up																															
Outdoor (1-X) 122 cm																																

14:20-14:50 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
	70																															
	RX																															
	1/8																															
Outdoor (1-X) 122 cm																																

14:50-15:10 1/8: CX Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
																	50															
																	CX															
																	Warm Up															
Outdoor (5-X) 80 cm																																

15:10-15:40 Team Matches 4 ends of 4 arrows 1/4: RX Warm Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32				
	70						70						70						70																	
	RX						RX						RX						RX																	
	Warm Up						Warm Up						Warm Up						Warm Up																	
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																				

15:40-16:10 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32						
	70						70						70						50						50						50						50	
	RX						RX						RX						CX						CX						CX						CX	
	1/4						1/4						1/4						1/4						1/4						1/4						1/4	
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																						

16:10-16:40 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32				
									70						70						50						50									
									RX						RX						CX						CX									
									1/2						1/2						1/2						1/2									
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																				

16:40-17:10 Team Matches 4 ends of 4 arrows	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32				
									70						70						50						50									
									RX						RX						CX						CX									
									Gold						Bronze						Gold						Bronze									
Outdoor (1-X) 122 cm																Outdoor (5-X) 80 cm																				



21 Aug 2022, Sunday

08:30-08:55	1	2
Team Matches	50	
4 ends of 6 arrows	CW Gold	
Outdoor (5-X) 80 cm		

08:50-09:15	1	2
Team Matches	50	
4 ends of 6 arrows	CM Gold	
Outdoor (5-X) 80 cm		

09:15-09:40	1	2
Individual Matches	50	
5 ends of 3 arrows	CW Gold	
Outdoor (5-X) 80 cm		

09:40-10:10	1	2
Individual Matches	50	
5 ends of 3 arrows	CM Gold	
Outdoor (5-X) 80 cm		

10:20-10:45	1	2
Team Matches	70	
4 ends of 6 arrows	RW Gold	
Outdoor (1-X) 122 cm		

10:45-11:10	1	2
Team Matches	70	
4 ends of 6 arrows	RM Gold	
Outdoor (1-X) 122 cm		

11:10-11:35	1	2
Individual Matches	70	
5 ends of 3 arrows	RW Gold	
Outdoor (1-X) 122 cm		

11:35-12:00	1	2
Individual Matches	70	
5 ends of 3 arrows	RM Gold	
Outdoor (1-X) 122 cm		