



2 Jul 2022, Zaterdag

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
09:00-10:30	70m-1																		50m-1		50m-1																			
Qualification Rounds	Qualification Rounds																		Qualification Rounds		Qualification Rounds																			
Sessie 1	Outdoor (1-X) 122 cm																				Outdoor (5-X) 80 cm																			
10:45-12:15	70m-2																		50m-2		50m-2																			
Qualification Rounds	Qualification Rounds																		Qualification Rounds		Qualification Rounds																			
Sessie 1	Outdoor (1-X) 122 cm																				Outdoor (5-X) 80 cm																			
13:00-13:45	70																70		50																					
Individual Matches	RH																RD		CH																					
5 series van 3 pijlen	1/16																1/16		1/16																					
	Outdoor (1-X) 122 cm																		Outdoor (5-X) 80 cm																					
13:45-14:00	70								70								50		50																					
3 series inschieten	RH								RD								CD		CH																					
	Warming Up								Warming Up								Warming Up		Warming Up																					
	Outdoor (1-X) 122 cm																		Outdoor (5-X) 80 cm																					
14:00-14:45	70								70								50				50				50															
Individual Matches	RH								RD								BU				CD				CD				CH											
5 series van 3 pijlen	1/8								1/8								Warming Up				Warming Up				1/8				1/8											
Warming Up	Outdoor (1-X) 122 cm																Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm																			
14:45-15:30	70								70								50				50				50															
Individual Matches	RH								RD								BU				CD				CH															
5 series van 3 pijlen	1/4								1/4								1/4				1/4				1/4															
	Outdoor (1-X) 122 cm																Outdoor (1-X) 122 cm				Outdoor (5-X) 80 cm																			



3 Jul 2022, Zondag

09:15-09:30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Warming Up																	50			
																	CO			
																	Warming Up			
																	Outdoor (5-X) 80 cm			

09:30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	CO																CO			
Warming Up	1/2																Warming Up			
	■ ■																■ ■			
	Outdoor (5-X) 80 cm																			

09:45	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	CO																CO			
Warming Up	1/2																Warming Up			
	■ ■																■ ■			
	Outdoor (5-X) 80 cm																			

10:00	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	CO																CO			
Warming Up	Brons																Warming Up			
	■ ■																■ ■			
	Outdoor (5-X) 80 cm																			

10:15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	CO																CO			
	Goud																			
	■ ■																■ ■			
	Outdoor (5-X) 80 cm																			

10:30-10:45	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Warming Up																	50			
																	BU			
																	Warming Up			
																	Outdoor (1-X) 122 cm			

10:45	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	BU																BU			
Warming Up	1/2																Warming Up			
	■ ■																■ ■			
	Outdoor (1-X) 122 cm																			

11:00	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	BU																BU			
Warming Up	1/2																Warming Up			
	■ ■																■ ■			
	Outdoor (1-X) 122 cm																			

11:15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	BU																BU			
Warming Up	Brons																Warming Up			
	■ ■																■ ■			
	Outdoor (1-X) 122 cm																			

11:30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Individual Matches	50																50			
5 series van 3 pijlen	BU																BU			
	Goud																			
	■ ■																■ ■			
	Outdoor (1-X) 122 cm																			



NK Outdoor & NK Aangepast Sporten

Nederlandse Handboog Bond (NKO2022)
Ulvenhout, Van02-07-2022 tot 03-07-2022



3 Jul 2022, Zondag (Ga door)

11:45-12:00	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Warming Up

50
CD
Warming Up
Outdoor (5-X) 80 cm

12:00	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen
Warming Up

50	
CD	
1/2	
■	■

Outdoor (5-X) 80 cm

50	
CD	
Warming Up	
■	■

12:15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen
Warming Up

50	
CD	
1/2	
■	■

Outdoor (5-X) 80 cm

50	
CD	
Warming Up	
■	■

12:30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen
Warming Up

50	
CD	
Brons	
■	■

Outdoor (5-X) 80 cm

50	
CD	
Warming Up	
■	■

12:45	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen

50	
CD	
Goud	
■	■

Outdoor (5-X) 80 cm

13:15-13:30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Warming Up

50
CH
Warming Up
Outdoor (5-X) 80 cm

13:30	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen
Warming Up

50	
CH	
1/2	
■	■

Outdoor (5-X) 80 cm

50	
CH	
Warming Up	
■	■

13:45	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen
Warming Up

50	
CH	
1/2	
■	■

Outdoor (5-X) 80 cm

50	
CH	
Warming Up	
■	■

14:00	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen
Warming Up

50	
CH	
Brons	
■	■

Outdoor (5-X) 80 cm

50	
CH	
Warming Up	
■	■

14:15	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Individual Matches
5 series van 3 pijlen

50	
CH	
Goud	
■	■

Outdoor (5-X) 80 cm



3 Jul 2022, Zondag (Ga door)

14:30-15:30 Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RD	

Warming Up
Outdoor (1-X) 122 cm

14:45 Individual Matches 5 series van 3 pijlen Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RD	

Outdoor (1-X) 122 cm

Warming Up

15:00 Individual Matches 5 series van 3 pijlen Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RD	

Outdoor (1-X) 122 cm

Warming Up

15:15 Individual Matches 5 series van 3 pijlen	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RD	

Outdoor (1-X) 122 cm

Brons

15:30-15:45 Warming Up Individual Matches 5 series van 3 pijlen	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RD	

Outdoor (1-X) 122 cm

Warming Up

Goud

15:45-16:45 Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RH	

Warming Up
Outdoor (1-X) 122 cm

16:00 Individual Matches 5 series van 3 pijlen Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RH	

Outdoor (1-X) 122 cm

Warming Up

1/2

16:15 Individual Matches 5 series van 3 pijlen Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RH	

Outdoor (1-X) 122 cm

Warming Up

1/2

16:30 Individual Matches 5 series van 3 pijlen Warming Up	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RH	

Outdoor (1-X) 122 cm

Warming Up

Brons

16:45 Individual Matches 5 series van 3 pijlen	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
																			70	
																			RH	

Outdoor (1-X) 122 cm

Goud